

The Center for Diversity and Integrated Learning, SFCC Counseling Services, and the Higher Education Center are proud to present

# *Don't Call Me Crazy or Lazy*

Student Mental Health, Accessibility, Inclusiveness, and Equity:

A Mental Health and Student Success Symposium

## April 5th at SFCC and the HEC

Colleges across the country are experiencing higher levels of mental health acuity and are seeking new and effective ways to support students. How can SFCC and the larger Santa Fe community support students with psychosocial and emotional challenges so they can succeed?

Join us for a day of educational and inspirational events, including films, resources, lectures, and panels with local mental health professionals and students.

**Free and open to the public.**

*Mental Health Professionals are eligible for 1.5 CEUs if they attend a lecture and panel.*

### **SFCC Main Campus,**

6401 Richards Avenue.

#### **10am-3pm, Campus Center**

**Mental Health Resource Fair:** Meet local mental healthcare providers, learn more about their treatment approaches and services.

**Campus Crossroads Film Series:** Including *Break-down! New Mexico's Behavioral Health Crisis*, *Breaking Bonds: The Shutdown of New Mexico's Behavioral Health Providers*, and more!

#### **11:30am-1:30pm, Room 223**

**Historical Trauma, Mental Health, Addiction, and Student Success in New Mexico, with Juan Blea**  
*Q & A and panel of mental health professionals, SFCC faculty, and students.*

### **Higher Education Center,**

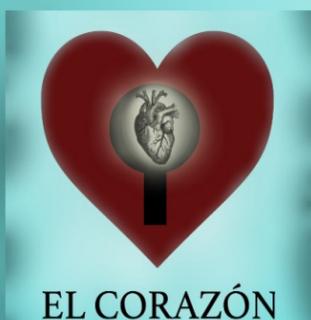
1950 Siringo Road.

#### **6pm-8pm, Lobby**

**Cultural Crossroads: Student Success and Mental Health in the Santa Fe Community**  
**Historical Trauma, Mental Health, Addiction, and Student Success in New Mexico, with Juan Blea.**  
*Q & A and panel of mental health professionals, SFCC faculty, and students.*

**Cultural Crossroads:**  
*Conversations about the Santa Fe Community* is a new quarterly event at the HEC. Topics will be determined by community input and feedback and the Center for Diversity and Integrated Learning Advisory Council. Do you have an idea for a topic? Send an email to [thecenter@sfcc.edu](mailto:thecenter@sfcc.edu).

*Juan Blea holds a BA in Humanities and an MA in Education, is a licensed Alcohol and Drug Counselor, and a licensed continuing education provider in New Mexico with national licensure in the works. Blea has been teaching the material included in his new book, *49 Tips and Insights for Understanding Addiction*, for over 15 years and has witnessed how the material has changed many lives for the better. He has a private practice in Santa Fe, New Mexico. Follow Juan's blog at [jblea1016.com](http://jblea1016.com).*



**THE CENTER**  
**For Diversity and Integrative Learning**

The Santa Fe Community College 6401 Richards Avenue Email: [thecenter@sfcc.edu](mailto:thecenter@sfcc.edu) Phone: 505-428-1467