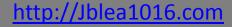
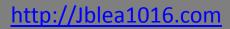
## Developing Commitment, not mandating Compliance, Within Substance Abuse Tx

By Juan Blea, M.Ed., LADAC

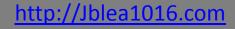


#### What's the diff?



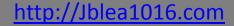
Compliance refers to a behavior that is requested by another person or group; the individual acted in some way because others asked him or her to do so (but it was possible to refuse or decline).

Source: http://About.Psychology.com

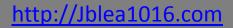


# Commitment is the state or quality of being dedicated to a cause, activity, or goal

Source: Merriam-Webster Online



How do we develop commitment?



First, by establishing a "mutual context"

Then, by understanding our roles

http://Jblea1016.com

# A *mutual context* is one in which everyone:

- Has respect for personalities
- Participates in decision making
- Has freedom of expression and availability of information
- Shares mutuality in responsibility in defining goals, planning, and conducting activities.

Source: Knowles, M. (1992). The Adult Learner. Burlington, MA: Elsevier. http://Jblea1016.com

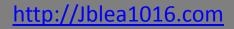
### In our roles, we should be:

- Situated: People gain a sense of meaning from the role and believe themselves competent within the role.
- Social: Influential, influence-able, and interdependent.
- Autonomous: Self determining.
- Flexible

Source: Blea, J. (2008). A Model for Contextual Leadership. Santa Fe, NM: Redtail Press.

### What can we do next?

- Share thoughts about whether or not ours is a mutual context
- Analyze our respective roles per the listed criteria; why or why not?



#### Have a nice day 😂!

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