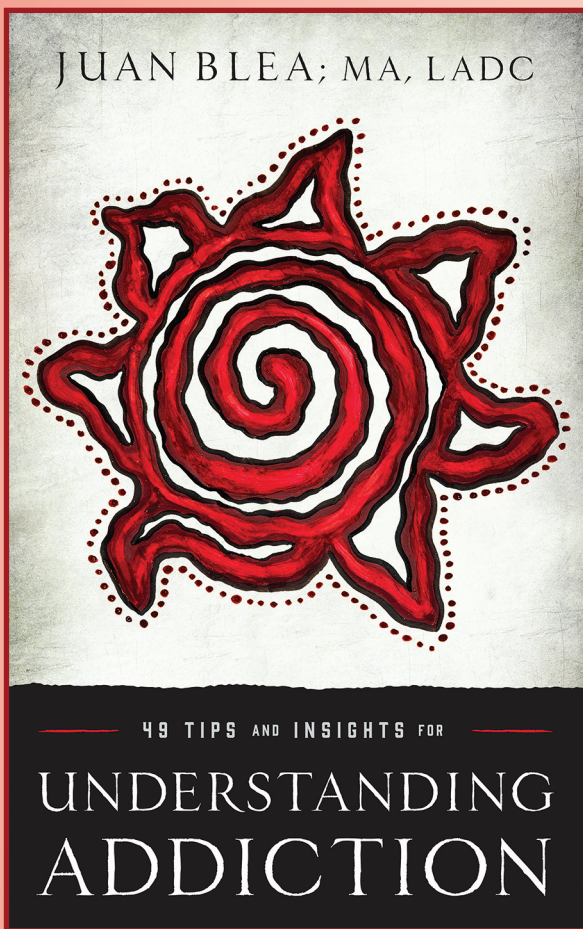


Join Juan Blea for a reading and signing of
**49 TIPS AND INSIGHTS FOR
UNDERSTANDING
ADDICTION**



“Blea doesn’t hesitate to share his skills with people trying to heal their life wounds through his book and workshops. Word on the street is that he is the ‘go-to’ guy if you wish to restore and reignite your powers to grow and change.”

—Richard Quis, co-author
*Thinking Anew:
Harnessing the Power of Belief*

Friday, May 6, 4:30 – 6:00 pm
Society of the Muse of the Southwest (SOMOS)
233-D Paseo del Pueblo Sur, Taos, New Mexico
575.758.0081

Substance abuse affects people in all walks of life. *49 Tips and Insights for Understanding Addiction* provides valuable information and practical exercises that will help readers understand the development and progression of substance abuse, as well as treatment and recovery. This educational book will show readers how to approach addiction from a place of compassion and love rather than judgment and anger. It exemplifies Juan’s mission to teach addicts and their loved ones how to cope with the vagaries of substance abuse and help them move closer to healing themselves and their relationships. *49 Tips and Insights* is intended for anyone who interacts with addicts, including families, friends, therapists, and addiction specialists.



Juan holds a Master’s in Education, is a Licensed Drug and Alcohol Counselor, and a licensed Continuing Education provider. It is his life’s mission to assist others in their healing journey. He is also the author of *Butterfly Warrior* and *Journey to Aztlan*, his personal story of overcoming depression. His work has also appeared in a number of journals, most notably in *Chicken Soup for the Latino Soul*. Juan is a native of Santa Fe.

49 Tips and Insights for Understanding Addiction, published by Outskirts Press, is available for purchase at the reading. Follow Juan Blea at jblea1016.com.